

Herbs In the Garden

A Modern Apothecary. Jekka McVicar. RHS Chelsea Flower Show 2016.
Hofkirche. Innsbruck, Austria.
Geffrye Museum. Hoxton, London.
RHS Garden. Wisley.

Aconitum napellus - Monkshood

Medicinal
Diuretic
Homoeopathy
Poisonous

Alchemilla mollis - Lady's mantle

Medicinal
Menstrual disorders
Culinary

Anemone nemorosa - Wood anemone

Medicinal
Root Chewed to bring up phlegm
 Eye inflammation ointment
Leaves Leprosy

Anemone ranunculoides - Yellow anemone Wood ginger

Poisonous
French arrows

***Anemone* × *lipsiensis* 'Pallida'** Cross between *Anemone nemorosa* and *A. ranunculoides*.

Artemisia abrotanum - Southernwood

Medicinal
Antiseptic
Tonic
Worms
Strewing herb

Artemisia dracunculus - French tarragon

Culinary

Asplenium scolopendrium - Hart's tongue fern

Medicinal
Diarrhoea
Dysentery

Borago officinalis - Borage

Culinary
Salads
Borage tea
Pimms

Calendula officinalis - Marigold

Medicinal
Anti-inflammatory
Anti-bacterial
Wound healing
Homoeopathy

***Chamaemelum nobile* 'Treneague'** - Camomile

Medicinal
Anti-inflammatory - Eczema
Shampoo
Culinary
Camomile tea
Aromatic herb

Colchicum autumnale - Naked ladies

Medicinal
Anti-rheumatic
Cathartic
Emetic

Colchicum × byzantinum 'Innocence'

Convallaria majalis - Lily of the Valley

Medicinal
Cardiac tonic
Diuretic
Poisonous

Cyclamen hederifolium - Ivy leaved cyclamen

Medicinal
Homoeopathy
External tincture to purge the bowels

Digitalis purpurea - Foxglove

Medicinal
Digoxin
Poisonous

Echinacea purpurea - Cone flower

Medicinal
Anti-bacterial
Anti-inflammatory
Skin infections
Colds and 'flu

Echinacea purpurea 'Magnus'

Foeniculatum vulgare 'Purpureum' - Fennel

Culinary

Fritillaria meleagris - Snake's head fritillary

Medicinal
Healing herb
Poisonous

Helleborus foetidus - Stinking hellebore

Medicinal
Cardiac
Poisonous

Helleborus × hybridus

Hypericum perforatum - St. John's wort

Medicinal
Mild depression

Hyssopus officinalis - Hyssop

Medicinal
Expectorant
Culinary

Hyssopus officinalis 'Roseus'

Laurus nobilis - Bay

Culinary

Lavandula angustifolia - English lavender

Medicinal - Lavender oil
Minor burns
Insect bites
Culinary - Flowers
Aromatic Herb

Melissa officinalis - Lemon balm

Medicinal

Stress and anxiety - Tea

Cold sores

Mentha - Mint

Medicinal - Peppermint oil

Irritable bowel syndrome

Nasal congestion

Medicinal - Spearmint oil

Anti-bacterial

Anti-fungal

Culinary

***Mentha* 'Berries and Cream'**

Mentha* × *piperita - Lavender mint

***Mentha* × *piperita* f. *citrata* 'Basil'**

***Mentha spicata* 'Tashkent'**

***Mentha suaveolens* 'Variegata'** - Apple mint

Myrrhis odorata - Sweet cicely

Medicinal

Coughs

Expectorant

Flatulence

Ocimum basillicum* var. *purpurascens - Basil

Medicinal

Anti-inflammatory

Skin disorders

Cardiac disorders

Asthma

Fever

Culinary

Oenothera biennis - Evening primrose

Medicinal

Asthma

Coughs

Gastrointestinal disorders

Pre-menstrual tension

***Origanum vulgare* 'Golden Shine'** - Oregano Wild marjoram

Medicinal

Digestive problems

Fever

Mouth and throat infections

Stings and bites

Culinary

***Origanum vulgare* 'Aureum'**

***Pelargonium* 'Royal Oak'** -Scented leaf Pelargonium'

Medicinal

Respiratory infections

Dysentery

Diarrhoea

Stomach ulcers

Menstrual disorders

***Perovskia atriplicifolia* 'Blue Spire'** - Russian sage

Aromatic herb

Petroselinum crispum - Parsley

Medicinal

Diuretic
Jaundice
Rheumatism
Dysentery

Culinary

Polemonium caeruleum - Jacob's ladder

Medicinal

Dysentery
Toothache
Animal bites
Anti-syphilitic
Rabies

Polygonatum × hybridum - Solomon's seal

Medicinal

Astringent
Pulmonary consumption

Primula veris - Cowslip

Medicinal

Anti-spasmodic
Expectorant
Culinary
Cowslip wine

Primula vulgaris - Primrose

Medicinal

Astringent
Anti-spasmodic
Anti-inflammatory
Skin wounds
Expectorant

***Primula* 'Wanda'**

Pulmonaria officinalis - Lungwort

Medicinal

Lung disorders
Homoeopathy
Bronchitis
Asthma
Coughs
Diarrhoea
Doctrine of Signatures

***Pulmonaria* 'Blue Ensign'**

***Pulmonaria* 'Caborn Raspberry'**

***Ranunculus ficaria* 'Collarette'** - Celandine

Medicinal

Astringent
Haemorrhoids

***Rosa centifolia* 'Variegata'** - Rose

Medicinal

Rosewater
Anti-inflammatory

Culinary

Pot pourri

Ruta graveolens - Rue

Medicinal

Anti-inflammatory
Parasitic infections
Fever
Menstrual disorders
Homoeopathy
Bruises
Sprains
Rheumatism

Dangerous to skin in sun

Salvia officinalis - Sage

Medicinal

Anti-inflammatory
Antioxidant
Anti-spasmodic
Astringent
Memory improvement

Culinary

Salvia officinalis 'Purpurescens'

Salvia rosmarinus - Rosemary

Medicinal

Anti-bacterial
Antioxidant
Memory improvement
Headache
Nervous tension

Culinary

Santolina chamaecyparissus - Cotton lavender

Medicinal

Anti-inflammatory
Worms - Leaves

Saponaria officinalis - Soapwort

Medicinal

Skin conditions

Shampoo

Cloth

Sheep

Poisonous

Saponaria officinalis 'Rosea Plena'

Satureja montana - Winter savory

Medicinal

Flatulence
Anti-inflammatory
Anti-microbial

Culinary

Satureja macedonica

Satureja parnassica

Satureja spinosa

Sempervivum tectorum - Houseleek

Medicinal

Burns - Poultice from leaves
Ulcers
Inflamed skin
Corns and Warts - Juice

Teucrium chamaedrys - Wall germander

Medicinal

Gout

Teucrium hircanicum

Aromatic herb

Thymus vulgaris - Common thyme

Medicinal

Anti-bacterial

Antiseptic

Anti-spasmodic

Expectorant

Culinary

Thymus 'Caborn Fragrant Cloud'

Thymus 'Culinary Lemon'

Thymus herba-barona

Thymus pulegioides 'Bertram Anderson'

Thymus pulegioides 'Foxley'

Thymus pulegioides 'Kurt'

Thymus 'Bressingham'

Thymus 'Caborn Wine and Roses'

Thymus Coccineus Group

Thymus 'Doone Valley'

Thymus serpyllum 'Minor'

Thymus serpyllum 'Pink Chintz'

Tropaeolum majus - Nasturtium

Medicinal

Anti-bacterial

Anti-fungal

Expectorant

Vinca major 'Variegata' - Periwinkle

Medicinal

Haemorrhages

Astringent

Vinca difformis

Viola odorata - Sweet violet

Medicinal - Syrup of violets

Inflammation

Sore throats

Coughs

Catarrh

Pleurisy

Laxative

Viola sororia 'Freckles'

Viola tricolor - Heartsease

Medicinal

Anti-inflammatory

Eczema

Skin disease

Asthma

Bronchitis

Epilepsy

Mrs. Margaret Easter
23 Wroxham Way,
Harpenden,
Herts. AL5 4PP

01582 768467
mail@thymus.co.uk
www.thymus.co.uk

LW Plants - Back garden nursery; plants from a plantsman's garden.
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Flickr - Owl Prints - <https://www.flickr.com/photos/128923296@N07/>

Notes From a Plantsman's Garden - My Garden Blog. - www.thymus.garden

Private visits

By appointment only. Admission £5.00. Minimum 15, or £75.00 per group if less than 15.
Includes donation to Great Ormond Street Children's Hospital.